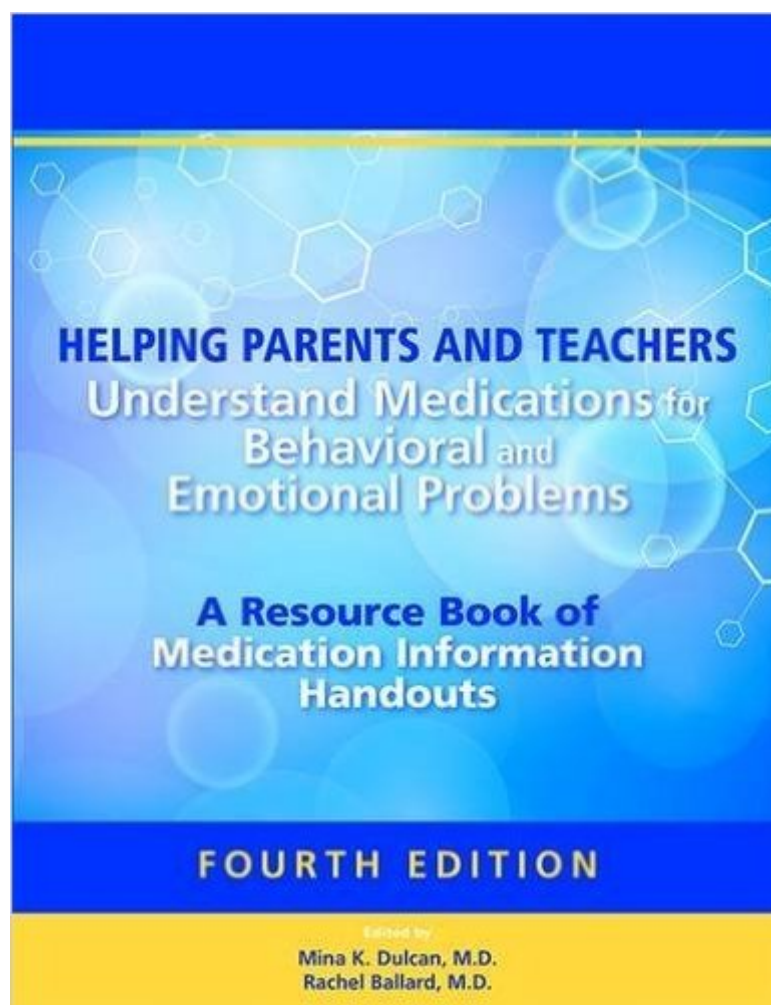


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# Helping Parents And Teachers Understand Medications For Behavioral And Emotional Problems: A Resource Book Of Medication Information Handouts



## **Synopsis**

A dozen experts in child and adolescent psychiatry contributed to this new and fully updated fourth edition of *Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems*, ensuring that it remains the most trusted resource for educating parents and teachers about psychotropics prescribed for children and adolescents. The book is arranged alphabetically, and each medication has its own information sheet that can be photocopied or downloaded and printed by psychiatrists, pediatricians, and neurologists for distribution to parents and teachers. A useful resource for school staff and library patrons, the information sheets will also be helpful to nonprescribing mental health professionals talking with families about possible referral for medication. The compendium has been designed for maximum utility and accessibility. \* Each information sheet includes a section with general information applicable to all medications and very specific sections that include a description of the medication and why it is used, monitoring of the medication, side effects, interactions with other medications and with food, and additional information that is relevant to how the medication can best help and be used safely. \* The book is written in a straightforward, understandable style that is accessible and nonintimidating to the lay public.\* The number of medications covered has been expanded to reflect new drugs and older drugs recently approved for children and adolescents, such as vilazodone (Viibryd), asenapine (Saphris), and ramelteon (Rozerem).\* Explanations of new concerns about potential side effects and FDA black box warnings for antidepressants and stimulants are included.\* The "Information on the Internet" section offers a list of vetted medical and professional organizations where the reader can find additional information about child and adolescent mental health and treatment, and the book also includes robust lists of both published resources for parents and teachers and selected additional reading for health and mental health professionals.\* Appendices cover medicines with FDA indication for attention-deficit/hyperactivity disorder (ADHD); medicines typically used for anxiety, depression, psychosis, mood stabilizing, and aggression; and an index of medicines by brand name. No other volume offers up-to-the-minute information on psychotropic medications for youth in such an easy-to-use format. Comprehensive and authoritative, *Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems* will prove indispensable to clinicians in helping to foster understanding among parents and educators.

## **Book Information**

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## Customer Reviews

This is basically a reference guide to common medications used to treat emotional and behavioral issues in children. Each drug is listed alphabetically by its common name, and the listing also includes the generic titles as well. There isn't much more to this book. There are a few Appendices, which include common drugs used to treat ADHD, depression, or anxiety, but there is no additional text. Thus, there are no articles on how parents feel about using drugs with kids. Because of this, the title is a bit misleading. In essence, the book helps parents and teachers know what to expect from a particular drug, but the broader issue of using medications with kids is not covered. In somewhat of a tedious manner, every (!!!) drug listed starts with the same "General information about medication" and "Note to Teachers." The content of this does not vary; it's just carried from drug to drug. The authors could have included this once, but it is on the first page of every 'chapter.'. The end result is that the book is 564 pages, when that probably could have been shortened by close to half. Of greater use, is that each listing then includes "What is (drug);" "How can this medicine help;" "How does this medicine work;" "How long does this medicine last;" "How will the doctor monitor this medicine;" "Side effects;" "How long will this medicine be needed;" and "What else should I know about this medicine." These are much more useful, in terms of understanding the specifics of a particular drug. If you or the parent could benefit by learning about specific drugs used with kids, this book will be helpful, albeit in a limited way.

Excellent tool for any psychiatric office, school psychologists.

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